

# Self-Defense Training

**WHAT:** Certified Women's Self Defense Training

w/ Instructor Kenny Mauro

**WHO:** Anyone (10 Years or older) Recommended for adults and high school students

**WHERE:** Geneva Recreation Center

44 North Forest St, Geneva, OH 44041

**LEARN:** Strikes, Kicks, Holds, Grabs and Escapes

**COST:** \$20.00 Per Person (Checks payable to Kenny Mauro)

**DATE:** Saturday February 10th, 2024: 9am-1pm

**REGISTER:** Call Myke Anderson: 440-466-9139 or

[genevarec@genevaohio.gov](mailto:genevarec@genevaohio.gov)

